

What is the Activator Method Chiropractic Technique?

The Activator Method Chiropractic Technique is a gentle, low-force approach to chiropractic care. The technique has been used safely on patients of all ages since the late 1960s, bringing relief to people with a variety of health concerns.

Incorporating the latest advances in orthopedic, neurological and chiropractic examinations, this unique system of administering spinal adjustments using research-based analysis and the Activator Adjusting Instrument can help restore spinal balance safely and comfortably.

Because of its effectiveness and gentle nature, the Activator Method has grown to become the world's most widely-used instrument chiropractic technique.

How does the Activator Method work?

Restoring spinal balance safely and successfully has been the driving force behind the Activator Method Chiropractic Technique.

The technique utilizes specific protocols to detect spinal joint dysfunction, analyze leg length inequality, identify issues with body mechanics, and test neurological reflexes. By analyzing results of these examinations, an Activator doctor can initiate the process of restoring spinal balance in the patient, gently and effectively.

The Activator Adjusting Instrument is what more doctors choose, to deliver low-force chiropractic adjustments. This unique hand-held instrument has been studied extensively with results published in hundreds of peer-reviewed research papers, and was designed to give patients a specific and gentle adjustment.

The Activator provides a controlled, fast thrust that is comfortable for the patient. In fact, adjustments with the Activator are so quick and measured, the body's muscles are less likely to resist, allowing for a more precise and accurate adjustment.

Is the Activator Method right for you?

Patients of all ages can enjoy the benefits of an Activator adjustment. The technique is especially helpful for children who sometimes have trouble lying still. The Activator adjustment is so quick and comfortable, children often look forward to their next visit!

Older patients, or those with arthritis, osteoporosis or other bone-weakening conditions find the Activator Method to be effective and gentle. The low-force thrust of the Activator Adjusting Instrument[®] and the doctor's ability to pinpoint the exact location of the problem through Activator analysis, can relieve a patient's pain without discomfort.

Make the Activator Method part of your healthy lifestyle!

Our practice is pleased to bring you the benefit of the Activator Method Chiropractic Technique. As your partner in health care, we are committed to your good health.

Though some believe that chiropractic care is intended to relieve neck and back pain, this form of therapy has more far-reaching benefits. A wide variety of health problems stem from spinal imbalance and dysfunction of the spinal joint and nervous system. Everyday living, stress and old injuries can cause vertebrae to lose their proper position or motion. This dysfunction can irritate your nervous system, causing pain and nerve interference throughout the body.

By restoring spinal balance, chiropractic care aids the body in healing itself. And the Activator Method Chiropractic Technique accomplishes this goal through safe, effective and gentle low-force adjustments.



ACTIVATOR V

ACTIVATOR IV

ACTIVATOR II

ACTIVATOR I

APPROVED ACTIVATOR INSTRUMENTS