

ACUTE INJURY SUPPLEMENT PROTOCOL

Goals of Nutrition for Condition:

- Help support cartilage health and soft tissue formation
- Repair cartilage, tendons, and ligaments
- Reduce inflammation, swelling, and muscle spasms

Supplements/Dosage:

- Collagenics- Take 3x/daily
- Ultra Potent Vitamin C 1000-Take one tablet up to two times daily
- Acute Phase- Take daily between meals
- Protrypsin- Take two tablets one to three times daily between meals
- CBD- apply as needed

Other Recommendations:

- Rest, Ice, Compression, Elevation

Ordering Information:

- Visit: <https://beyford.metagenics.com/>
- Create Profile
- Search “Acute Injury” in product finder